

# ntenna



550 SERIES RECUMBENT BIKE/ HARD BLACK/ e2+ CONSOLE

## Recumbent Bike Features

Custom Settings	When USB is detected, users may customize (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer
Display Readouts	Smart machine will automatically prioritize personalized setting and workout routine with USB login
Heart Rate Monitoring	HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile Polar®—coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability
On—The—Fly OptiTrain™	Allows switching to other workout programs during exercise Bike mode allows users to workout at a fixed resistance level. As RPM increases/ watt increases. As RPM decreases/ watt decreases. Power Mode allows user to workout at a fixed workload measured in watts regardless of RPMs Download workout results easily to USB for work rate analysis and performance training purposes
Power Saving System	Energy saver mode is used to minimize power consumption (not exceeding 0.5W) which meet Erp EC 1275/ 2008 requirements
USB Connectivity	For customized workout, workout results, personal settings, InCare™ and manual software upgrade
C—SAFE Standard Power	Standard C—SAFE power supports the power supply of external tools
Optional Built—in TV System	Analog/ Digital support ATSC, DVB—T/T2/C/S, ISDB For detailed support on Digital TV contact your Intenza Sales Representative
Connectors	Support HDMI devices, Ethernet cable network, 3.5MM stereo Headphone Jack, Bluetooth stereo headset
Display Type	Industrial grade 16" TFT capacitance touch screen display for longer lifetime
InCare™ Online	Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi
Intenzacast™	Supports smartphone mirroring. iOS/ Android
Language	23 countries are offered
Screen Saver	Upload 10 image files for messages or commercial advertisements to be displayed during stand—by
Virtual Scenery	10 scenes
Wi—Fi Capability	Supports InCare™ Online, software update, Internet browsing
Netpulse (xID)	xID login
EGYM	A widely used, smart solution used for workout data tracking and personal training plans
APP Connectivity	Maximum installation of 5 apps available. Needs to be certified by Intenza

## Performance Features

3—Phase Generator	Power saving hybrid generator delivers consistent performance for a smooth and quiet workout
Belt Drive	Belt drive system for smoother, quieter performance. Minimized maintenance. Service made quick and easy
Bottom Bracket	High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance
Maximum User Weight	181kg            400 lbs
Maximum Watts	640 Watts        Level 40 at 150RPM
Minimum Watts	16 Watts.        Level 1 at 20RPM
Resistance Levels	40 resistance levels meets new European EN957—5 standards
User Height Range	147—193cm    4'9"—6'5"

## Workout Options

Fitness Test	Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyning
HR Control	4 heart rate control programs in constant power mode—HR Zone, Interval, Hills, Cardio Strength
Race	Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races
Quick Start	Quick Start is a manual workout. Workout profile and results can be saved to USB
Custom Program	3 different types of profile (Level, Watts, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use
Preset Program	10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hills, Rolling Hills, Peak, Hills Step, HIIT Beginner, HIIT Advanced
Target Program	3 Target programs: Time (1—99MINS), Distance (0.5—99.9KM), Calories (10—9999KCAL)

## ComfortFit™ Features

Accessories Holder	Conveniently placed accessories holder for portable music players and mobile phones
Frame	Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on/ off bike
Multi—function Handlebar	Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout
Pedals	Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort
Seat Adjustment	1/2" incremental seat positions accommodate users from 147—193CM/ 4'9"—6'5"
Seat Back and Saddle	Ergonomic seat back designed with ventilation, lumbar support and saddle delivers maximum comfort and support for the most rigorous workout
Water Bottle Holder	Dual water bottle holder supports 1 litre water bottles

## Product Dimensions

Foot Print	L × W	160 × 71cm	160 × 71cm/ 63 × 28"
Product Dimensions	L × W × H	160 × 70 × 124cm	63 × 28 × 49"
Product Net Weight		101kg	223 lbs
Shipping Dimensions	L × W × H	169 × 37.5 × 101cm	67 × 15 × 40"
Shipping Gross Weight		122kg	269 lbs