

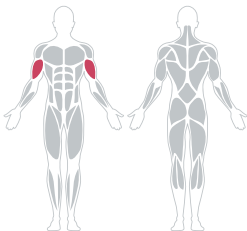
**DEZIGN LINE** UPPER BODY**BICEPS CURL****CHEST PRESS****LAT PULLDOWN****SHOULDER PRESS****BACK EXTENSION****SEATED ROW****TRICEPS EXTENSION****ASSISTED CHIN DIP****PEC FLY/REAR DELTOID****DEZIGN LINE** LOWER BODY/CORE**PRONE LEG CURL****HIP ADDUCTION/ABDUCTION****SEATED LEG CURL****ABDOMINAL****LEG EXTENSION****LEG PRESS**

DL—01  
Biceps Curl

The DL Biceps Curl features extra—long handles to allow exercisers to find a comfortable grip width that matches their unique arm mechanics, reducing wrist and elbow strain.

Cam with a bell—shaped resistance profile matches the natural strength curve of the biceps, optimizing muscle engagement and reducing joint strain.

Counterbalanced arms keep the starting resistance ultra—light, while the micro—load system enables precise 1kg increments for steady progressive overload.



DESIGN LINE	DL—01
MODEL	BICEPS CURL
PRODUCT DIMENSIONS (L x W x H)	144 x 107 x 151 cm / 56.7 x 42.1 x 59.4 in
PRODUCT WEIGHT	256 kg / 564 lbs
WEIGHT STACK	110 kg / 242 lbs

## DL—02 Chest Press



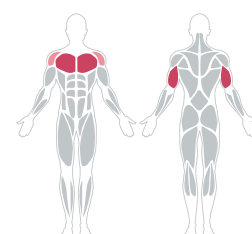
Precision—engineered for safer, more effective chest workouts, the DL Chest Press' upward pivot arc naturally reduces shoulder strain.

Three back—pad positions, eight seat height adjustments, and two grip options ensure exercisers can find their ideal pressing position for maximum comfort and performance.

The four—bar linkage system provides descending resistance, with the heaviest load when the pecs are stretched and decreasing as they contract. It aligns with the chest's natural strength curve to ensure optimal force distribution throughout the full range of motion.



DESIGN LINE	DL—02
MODEL	CHEST PRESS
PRODUCT DIMENSIONS (L x W x H)	140 x 148 x 151 cm / 55 x 58.2 x 59.4 in
PRODUCT WEIGHT	317 kg / 698 lbs
WEIGHT STACK	110 kg / 242 lbs

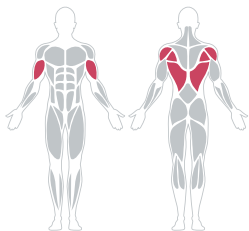


DL—03  
Lat Pulldown

The Intenza DL Lat Pulldown guides each rep in a shoulder—friendly path, preventing impingement and prioritizing comfort.

The descending resistance profile maximizes muscle tension at full stretch, then tapers off as the lats contract for smoother, more efficient reps.

Rotating handles enable natural wrist movement and varied grips, making back training safer, more effective, and customizable.



DEZIGN LINE	DL—03
MODEL	LAT PULLDOWN
PRODUCT DIMENSIONS (L x W x H)	150 x 129 x 213 cm / 59 x 50.7 x 83.8 in
PRODUCT WEIGHT	291 kg / 641 lbs
WEIGHT STACK	110 kg / 242 lbs



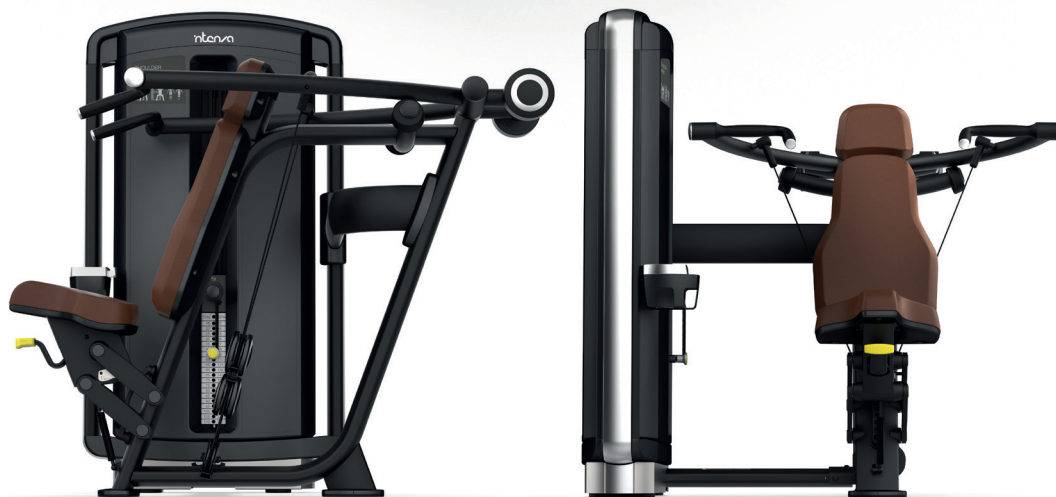
## DL—04

## Shoulder Press



The Intenza DL Shoulder Press follows a natural overhead path, starting diagonally in front of the body and finishing directly overhead.

The shoulder—friendly angle minimizes external rotation and reduces stress on the glenohumeral joint, allowing lifters to build strength safely and comfortably without compromising long—term shoulder health.



## DESIGN LINE

## DL—04

## MODEL

## SHOULDER PRESS

## PRODUCT DIMENSIONS (L x W x H)

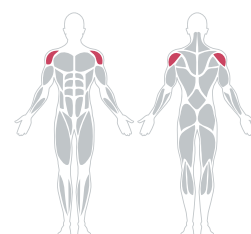
153 x 149 x 151 cm / 60.2 x 58.6 x 59.4 in

## PRODUCT WEIGHT

281 kg / 619 lbs

## WEIGHT STACK

110 kg / 242 lbs

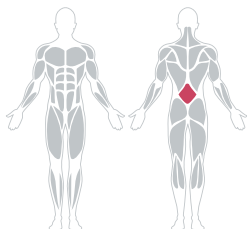


DL—05  
Back Extension

The Intenza DL Back Extension safely strengthens the spinal erectors by preventing excessive spinal flexion through a supportive lumbar pad.

The cam—driven bell—shaped resistance profile is heaviest at 30 degrees of hip flexion when the erectors are strongest, then gradually becomes lighter toward the end of the range of motion. This prevents high—risk overloading of the spine in the beginning and end.

The result is optimized training that protects the spine while delivering powerful performance benefits.



DESIGN LINE	DL—05
MODEL	BACK EXTENSION
PRODUCT DIMENSIONS (L x W x H)	119 x 132 x 151 cm / 46.8 x 51.9 x 59.4 in
PRODUCT WEIGHT	275 kg / 606 lbs
WEIGHT STACK	110 kg / 242 lbs

## DL—06

## Abdominal



The Intenza DL Abdominal is designed for maximum core engagement while preventing excessive spinal flexion.

Wrap—over shoulder handles reduce arm involvement, isolating the abs, while the curved back pad enhances the range of motion for deeper contractions.

Elevated foot plates deactivate the hip flexors, keeping the focus on the core.

A cam—driven resistance profile lightens the load in vulnerable ranges, ensuring a safer and more effective abdominal workout.



## DESIGN LINE

## DL—06

## MODEL

## ABDOMINAL

## PRODUCT DIMENSIONS (L x W x H)

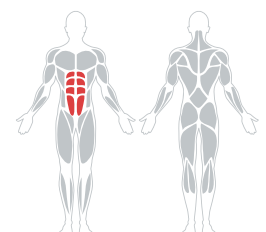
122 x 129 x 151 cm / 48 x 50.7 x 59.4 in

## PRODUCT WEIGHT

280 kg / 617 lbs

## WEIGHT STACK

110 kg / 242 lbs

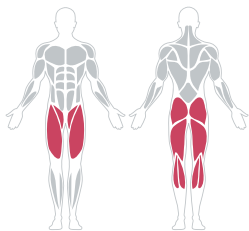


DL—07  
Leg Press

The Intenza DL Leg Press combines biomechanical precision with balanced muscle engagement, targeting both glutes and quads through a full range of motion.

The tilted foot plate and reclined back pad creates an open, natural movement path, avoiding the limitations of traditional V-shaped designs.

Perfect for building lower body strength, size, or mobility, the DL Leg Press delivers depth, comfort, and versatility for every leg day.



DESIGN LINE	DL—07
MODEL	LEG PRESS
PRODUCT DIMENSIONS (L x W x H)	194 x 120 x 151 cm / 76.3 x 47.2 x 59.4 in
PRODUCT WEIGHT	450 kg / 992 lbs
WEIGHT STACK	170 kg / 374 lbs



## DL—08

## Seated Leg Curl



The Intenza DL Seated Leg Curl is designed for safe and effective hamstring training.

The 80—degree angled back pad reduces strain by accommodating limited flexibility, ensuring proper knee extension without excessive hip flexion.

With wide adjustability for the back, thigh, range of motion, and calf pads, this machine offers a personalized fit for exercisers from 155cm to 200cm.

The cam—driven bell—shaped resistance profile provides heavier resistance in the mid-range, where the hamstrings are strongest and lighter resistance near full flexion and extension for smooth, controlled motion.

This design ensures efficient hamstring activation while protecting joints, making it ideal for strength and injury prevention.



## DESIGN LINE

## DL—08

## MODEL

## SEATED LEG CURL

## PRODUCT DIMENSIONS (L x W x H)

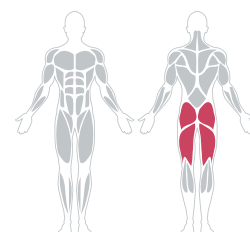
155 x 142 x 151 cm / 61 x 55.9 x 59.4 in

## PRODUCT WEIGHT

325 kg / 716 lbs

## WEIGHT STACK

110 kg / 242 lbs

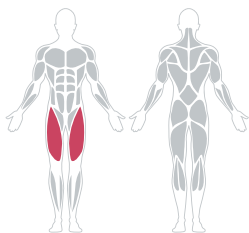


DL—09  
Leg Extension

The Intenza DL Leg Extension delivers peak quadriceps engagement with its cam—driven descending resistance profile, aligning resistance with the quads' natural strength curve while minimizing knee strain.

A dual guide rod back pad ensures unmatched stability, eliminating wobble and locking exercisers into the perfect position for consistent results.

Combined with an ergonomically contoured seat for superior comfort and alignment, the DL Leg Extension sets a new standard for effective and safe lower—body training.



DESIGN LINE	DL—09
MODEL	LEG EXTENSION
PRODUCT DIMENSIONS (L x W x H)	138 x 134 x 135 cm / 54.3 x 52.7 x 53.1 in
PRODUCT WEIGHT	308 kg / 679 lbs
WEIGHT STACK	110 kg / 242 lbs

## DL—10 Seated Row



The Intenza DL Seated Row ensures precise back engagement with optimal comfort and form.

The descending resistance profile maintains consistent tension on the lats, traps, and rhomboids while reducing strain at weaker points.

The downward arc movement and diverging handles keep the focus on the back muscles while rotating handles allow natural wrist motion for smoother, joint—friendly reps.

With seven chest pad adjustments, it accommodates exercisers of all sizes for maximum range of motion and alignment.



### DESIGN LINE

DL—10

### MODEL

SEATED ROW

### PRODUCT DIMENSIONS (L x W x H)

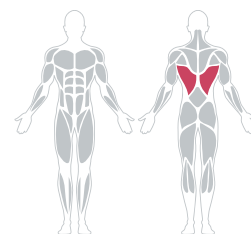
169 x 103 x 151 cm / 66.5 x 40.5 x 59.4 in

### PRODUCT WEIGHT

280 kg / 617 lbs

### WEIGHT STACK

110 kg / 242 lbs

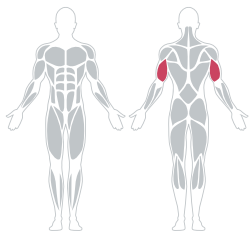


DL—11  
Triceps Extension

The Intenza DL Triceps Extension maximizes triceps engagement with a cam—driven bell—shaped resistance profile, delivering peak resistance in the mid—range while reducing strain at the start and end of the motion.

Oversized handle pads ensure superior grip comfort, minimizing hand fatigue so exercisers can focus entirely on their triceps.

Designed for optimal performance and comfort, this machine is perfect for safely and effectively developing stronger, more defined arms.



DESIGN LINE	DL—11
MODEL	TRICEPS EXTENSION
PRODUCT DIMENSIONS (L x W x H)	105 x 151 x 135 cm / 41.3 x 59.4 x 53.1 in
PRODUCT WEIGHT	260 kg / 573 lbs
WEIGHT STACK	110 kg / 242 lbs



DL—12

# Assisted Chin Dip



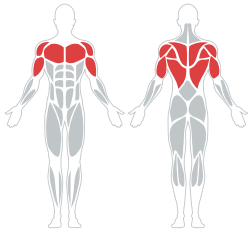
The Intenza DL Assisted Chin Dip is 20cm taller than conventional designs to ensure even the tallest members can perform exercises with full range of motion.

Multiple pull—up and dip handles offer versatile grip options to target different muscle groups, while the foldable knee pad allows for unassisted movements.

The dual guide rod system provides smooth, stable assistance of up to 170kg, ensuring consistent support throughout the range of motion.

Built with a reinforced structure, the DL Assisted Chin Dip delivers unmatched stability, even under heavy use, ensuring safety and durability.

DEZIGN LINE	DL—12
MODEL	ASSISTED CHIN DIP
PRODUCT DIMENSIONS (L x W x H)	180 x 110 x 240 cm / 70.8 x 43.4 x 94.4 in
PRODUCT WEIGHT	425 kg / 936 lbs
WEIGHT STACK	170 kg / 374 lbs



DL—13

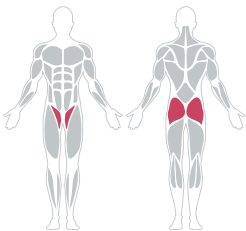
# Hip Adduction/Abduction

The Intenza DL Hip Abduction/Adduction delivers precision and maximum muscle activation.

The two—way cam system with a descending resistance profile provides optimal tension—heavier resistance in the stretched position and lighter in the shortened range.

A forward—leaning handlebar enables targeted gluteus maximus engagement during hip abduction, enhancing glute isolation.

Designed for versatility, comfort, and biomechanical precision, it's perfect for strengthening the glutes, hips, and inner thighs effectively.



DESIGN LINE	DL—13
MODEL	HIP ADDUCTION/ ABDUCTION
PRODUCT DIMENSIONS (L x W x H)	175 x 152 x 151 cm / 68.9 x 59.8 x 59.4 in
PRODUCT WEIGHT	281 kg / 619 lbs
WEIGHT STACK	110 kg / 242 lbs

DL—14

Pec Fly/Rear Deltoid

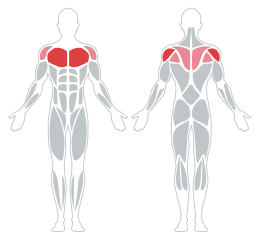


The Intenza DL Pec Fly/Rear Deltoid delivers superior muscle engagement with reduced joint stress.

The two—way cam system provides a descending resistance profile, delivering optimal load where muscles are strongest and lighter resistance where they are weaker.

Ergonomically designed chest fly handles with a slight inward tilt and natural wrist rotation align with biomechanics to maximize pectoral and rear delt activation while minimizing shoulder strain.

DEZIGN LINE	DL—14
MODEL	PEC FLY/REAR DELTOID
PRODUCT DIMENSIONS (L x W x H)	156 x 125 x 203 cm / 61.4 x 49.2 x 79.9 in
PRODUCT WEIGHT	280 kg / 617 lbs
WEIGHT STACK	110 kg / 242 lbs



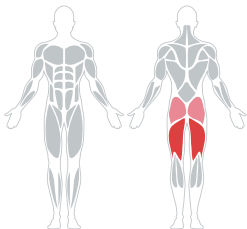
DL—15  
Prone Leg Curl

The Intenza DL Prone Leg Curl provides optimal hamstring activation and lifter comfort. The 30—degree hip flexion position maximizes engagement while reducing lower back strain.

A cam—driven descending resistance profile ensures consistent tension, with heavier resistance in the stretched position, and lightens as the hamstrings contract.

Easy—to—reach adjustments and an adjustable calf pad provide a customized fit for exercisers of all sizes.

Combining biomechanical precision with user convenience, the DL Prone Leg Curl is ideal for building stronger, more resilient hamstrings.



DESIGN LINE	DL—15
MODEL	PRONE LEG CURL
PRODUCT DIMENSIONS (L x W x H)	173 x 140 x 151 cm / 68 x 55.1 x 59.4 in
PRODUCT WEIGHT	270 kg / 595 lbs
WEIGHT STACK	110 kg / 242 lbs