

intenza

INTENZA WEIGHT VEST INTENZAfitness.com



Weight Vest Features

- Multi—Training
 - Weight Vest adds resistance to aerobic workouts or any body weight training. Suitable for multiple exercises. Supported with resistance drag buckle
- Removable Weight Blocks
 - Adjust weight by adding or removing Weight Blocks. Velcro®—closure Weight Block pockets on both front and back of vest
- Weight Distribution
 - Weight is distributed equally across front and back
- Water—Repellent
 - Weight Vest fabricated from 840—D Nylon with dual urethane coating to inhibit moisture transfer

ComfortFit™ Features

- Ergonomic Design
 - Compact. One—size—fits—all design suitable for both men and women
- Padded Shoulders
 - Absorb shock and decrease pressure to increase comfort and reduce injury. Anti—slip
- Body and Shoulders
 - Velcro®—closure straps increase stability during various exercises and reduce pressure on the trunk.
- Belt System
 - Adjustable belt is made in one size and will fit most users

Weight Vest Dimensions

- 25 lbs Weight Vest
 - 40 × 40 × 7 CM (15.8" × 15.8" × 2.8")
- Weight Block Quantity
 - 10. 1 Package
- 25 lbs Weight Vest Shipping Gross Weight
 - 3.3 lbs (1.5 kg)
- Shipping Package
 - 1 Package. Each 53 × 41 × 8.5 CM (20.9" × 16" × 3.4")

- 50 lbs Weight Vest
 - 55 × 40 × 7 CM (21.7" × 15.8" × 2.8")
- Weight Block Quantity
 - 20. 2 Packages
- 50 lbs Weight Vest Shipping Gross Weight
 - 4 lbs (1.8 kg)
- Shipping Package
 - 1 Package. Each 53 × 41 × 8.5 CM (20.9" × 16" × 3.4")

- 75 lbs Weight Vest
 - 50 lbs Weight Vest with 25 lbs Attachment Vest
- 50 lbs Weight Vest
 - 55 × 40 × 7 CM (21.7" × 15.8" × 2.8")
- 50 lbs Weight Vest Shipping Gross Weight
 - 4 lbs (1.8 kg)
- 25 lbs Attachment Vest
 - 27 × 40 × 7 CM (10.6" × 15.8" × 2.8")
- 25 lbs Attachment Weight
 - 3.1 lbs (1.4 kg)
- Vest Shipping Gross Weight
 -
- Shipping Package
 - 2 Packages. Each 53 × 41 × 8.5 CM (20.9" × 16" × 3.4")
- Weight Block Quantity
 - 30. 3 Packages

Weight Block Dimensions

- Weight Block Dimensions
 - 10.8 × 4.9 × 3.3CM (4.2" × 1.9" × 1.2")
- Weight Block Net Weight
 - 2.5 lbs (1.1 kg)
- Weight Blocks Quantity
 - 10 per Box
- Weight Blocks Shipping Dimensions
 - 29.5 × 11.5 × 8.5 CM (11.6" × 4.5" × 3.4")
- Weight Blocks Shipping Gross Weight
 - 25.3 lbs (11.4 kg)

Training Options

- 25 lbs Weight Vest
 - Body Weight Training. Power Training. Endurance Training
- 50 lbs Weight Vest
 - Strength Training. Body Weight Training. Physical Conditioning for Mountaineering
- 75 lbs Weight Vest
 - Fitness Assessment. CPAT Training. Body Weight Training. Physical Conditioning for Mountaineering

- All Weight Vests
- 25 lbs Weight Vest
- 50 lbs Weight Vest
- ◆ 25 lbs Attachment Vest